

Edmonton Folk Fest **Singing her heart out**



Songstress Serena Ryder performs during a workshop at Folk Fest, Sunday afternoon. The festival was blessed with soaring temperatures, sunny skies and only a passing shower on Saturday night. See story, Page 4.

Four Edmonton activists detained by Chinese police

JEFF CUMMINGS
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BEIJING A group of pro-Tibetan Canadians was arrested by Chinese officials over the weekend and at least four of them are from Edmonton, including Greenpeace spokesman Mike Hudema.

In a message on his Facebook site yesterday, Hudema admitted that he had just been deported.

"...Just deported with seven other Canadians from Beijing, currently safe in an airport in Hong Kong. Free Tibet!!" read Hudema's message.

"We were taken to the police holding facility and interrogated for several hours before we were deported," the environmental campaigner told CTV in a telephone interview after he unfurled a protest banner in China's capital. "...They ransacked our entire apartment."

Entertainment p16



Bernie Mac dead at 50

Beijing page 12

Games swim
record all wet

Canada page 6

Toronto hit
by explosion

Details scarce in shooting

Knife-wielding suspect in hospital after being shot

JEFF CUMMINGS
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Investigators with the province's internal police watchdog remain tightlipped over the identification of a knife-wielding man that was shot outside the Abbotsfield Mall Friday morning.

The Alberta Serious Incident Response Team will only reveal the man is a 26-year-old aboriginal who has an address in the city's northeast, said Andy Weiler, a spokesman for the province's solicitor general's office yesterday.

pepper spray did not work

- Late Friday afternoon officials with Alberta's Serious Incident Response Team, which investigates all police shootings, briefed reporters on the incident. They said police had been called to the scene around 9:15 a.m. after reports of a man brandishing a knife. Officers used tried using pepper spray on the man to subdue him, but it seemed to have no effect, they said.
- It was initially reported the man was standing outside a McDonald's waving a knife. When the officers arrived it was reported he was attempting to enter a residence. Police instructed the man to put down knife. After he refused he was shot twice.

Weiler says investigators won't reveal the man's full identity until they wrap up their investigation.

Edmonton police shot the man after demanding a number of times that he drop a butcher knife he was

carrying. It was reported that the man was trying to enter a residential area around 9 a.m.

Weiler says the man, who hasn't been charged, is in hospital in critical but stable condition. Weiler says inves-

tigators interviewed 15 to 20 witnesses Friday, along with collecting some evidence at the scene. "We continuing with more interviews, as we did (Saturday)," said Weiler yesterday.

The incident comes about a month after Mounties in Vegreville fatally shot a man after a high-speed chase in the small town east of Edmonton.

Leo Raymond Poulin, 59, was shot and killed by Vegreville RCMP after he refused police demands to drop a shotgun he was carrying.

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Jewel thieves make off with \$30,000

ROBBERY RCMP are searching for two men who grabbed over \$30,000 in diamonds from a Red Deer jewelry store, then fled north toward Edmonton. Just before 6 p.m. Friday, the two men walked into Polar Jewelers on Gaetz Avenue in Red Deer, and asked to see a handful of loose diamonds. While one stood by the door, the other grabbed a fistful of diamonds, valued at \$35,000. The men are described as Caucasian, both in their early 20's. One of the men has short, dark hair, and was wearing a black football jersey with a gold "25" on the front. The second suspect is heavy-set, with light-coloured hair.

METRO EDMONTON



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Prepare to be dazzled by starshower

If you look to the skies tonight at around 1 a.m., you'll be dazzled by an amazing starshower, as the Perseid meteor shower is at its peak. From 11 p.m. to 2 a.m., the shower will be at its brightest, allowing people to see 60 to 90 streaks an hour. The shower is best viewed in a clear area with no light pollution to the northeast. **METRO EDMONTON**

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Local



The bats are crackin'

The Edmonton Cracker-Cats take on the Long Beach Armada tonight at Telus Field. This is the last game of a four game series and the Cats are coming off a win. Check out the Golden Baseball League action. Gates open: 6:05, first pitch: 7:05. Tickets start at \$8. **METRO EDMONTON**

Health support workers to rally

CONTRACT Hundreds of health support staff and administration employees in the Edmonton region are expected to stage a rally in the front steps of the province's new health superboard headquarters this afternoon because of a lack of contract.

AUPE Local 54, which represents workers that provide administrative, housekeeping, dietary and maintenance services in the Capital Region, say they're angry that no agreement has been reached.

Doug Knight, president of the Alberta Union of Provincial Employees, says the workers will be supported by health care employees.

"Health care employees throughout Alberta need to show these important employees that their work is given the same value as other health care workers," said Knight in a release.

METRO EDMONTON

Group backs out of crashing funeral

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A controversial U.S. church group that had planned a protest outside of a funeral for a slain carnival worker Saturday backed out for fear of being arrested, said one member yesterday.

Shirley Phelps-Roper, the daughter of the founding member of the Kansas-based Westboro Baptist Church, says six youths and an adult did make it through the border to picket outside of Tim McLean's funeral in Win-

nipeg, but the church changed its mind at the last minute because "laws in Canada do not protect their right to protest."

The Westboro members made it through the border, despite an alert that was reportedly issued by Public Safety Minister Stockwell Day to Canadian border guards to keep the group out of Canada.



Tim McLean

They also passed up their plan to parade about with signs reading: "God hates Canada."

"We're not martyrs, we're just servants of the living god," said Phelps-Roper during a phone interview with Metro.

"What possible reason would there be in letting them be arrested?"

Phelps-Roper wouldn't confirm if there were some members observing the funeral.

The group has angered Canadians from coast-to-coast by planning to stage a

protest at McLean's funeral, claiming the 22-year-old man, beheaded on a Greyhound bus, "deserved his fate" since he lived an "immoral and godless life like other Canadians."

Hundreds of people flocked outside of the church to block the group that has been known to protest outside of military funerals in the U.S.

Over 600 people, meanwhile, reportedly showed out to pay respects to McLean Saturday where his uncle described the travelling carnival worker

as a friendly, kind and caring person.

Alex McLean said his nephew always made new friends and "his love for friends was easy to see."

Vincent Weiguang Li, a 40-year-old Edmonton resident, has been charged with second-degree murder in relation to McLean's death. Li is expected to be back in court Sept. 8 after he undergoes a psychiatric evaluation that has been ordered by a judge.

OnlineVideos
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Weekend to End Breast Cancer raises \$2.1M

VICTORIA HANDYSIDES
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After chemotherapy ravaged her body a year ago, Carolyn Sturgess lost all her toenails before she crossed the finish line of the Weekend to End Breast Cancer walk.

This year, she says she's happy she only lost two.

In 2006, Sturgess discovered a lump in her breast while breastfeeding her son. By the time doctors determined she had breast cancer, it had spread all over her body.

"It's not curable anymore, it's only treatable," she said, pointing to tumours growing on her ribs, spine, shoulder and femur.

After being told she may not live through the disease, Sturgess said she was

"I just want to stay alive long enough until they find a cure."

Carolyn Sturgess

devastated.

"Your world is thrown to pieces when you find out. You wish you could take back that day and relive everything you've done till then," she said. "You automatically believe you're dead and gone."

A few years later, and Sturgess is far from dead and gone. She and 11 teammates walked 60 kms in the scorching heat over the weekend, along with 900 other participants who raised \$2.1 million for cancer research and treatment.

Sturgess' team, Team



Wendy-Ann Hawryliw, centre, and Danielle Hetu, right, are greeted by supporters as they arrive at the finish line of the 60 km Weekend to End Breast Cancer walk yesterday at the AgriCom, with the rest of team Rack Stars. Team Rack Stars completed the distance in 7.5 hours.

Gully, raised \$33,000.

"It's events like these that are going to extend that list of treatment options for me," she said.

Hundreds of walkers marched onto Northlands Park grounds yesterday in a sea of pink. Emotions ran high as loved ones wel-

comed exhausted walkers on to the pink carpet, handing out high fives, hugs, and shedding a river of tears.

"If my mom were here today, she'd be so happy," Karlie Carter said through tears.

Carter's mother, Sharon Haynes, died from breast cancer one year ago. She said if fundraising events didn't take place, she wouldn't have lived five years with the disease.

The money raised in the event will benefit the Alberta Cancer Foundation. Thanks to donations and support, the foundation has raised over \$17 million in the past three years.

"Next year, if I'm around, hopefully I'll just have blisters and keep all my toenails," Sturgess said. "I just want to stay alive long enough until they find a cure."

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What's online today.

View a photo gallery and clips of the massive explosion and fire in Toronto

Watch video reports on memorials for a Canadian soldier killed in Afghanistan and the victim of the Greyhound bus killing

Lotteries

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The medical tent at the Edmonton Folk Fest has changed over the years. Over the 2008 Folk Fest weekend it dealt with many heat-related cases, a toddler with a badly broken arm yesterday and an increasing number of requests for earplugs for those sitting a little too close to the massive bank of speakers in front of the mainstage. **METRO EDMONTON**

'Gorgeous' fest brightens city

Cariwest offers taste of Caribbean culture

VICTORIA HANDYSIDES
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A sea of dazzling colour and hip-shaking rhythm flooded Jasper Avenue this weekend, kicking off Cariwest Festival 2008.

The 24th annual Caribbean Arts Festival was one for the record books, event organizers said, drawing in thousands of weekend warriors, giving them a taste of diversity and the Caribbean right here in Alberta.

"We had feathers, sparkles and amazing colours," said director Shennella Fraser, from Churchill Square yesterday afternoon. "It was absolutely gorgeous."

The festival, which tends to heat up the inner-city this time of year, needed no help with temperatures soaring above 30 C.

"A lot of people joined in the parade," Fraser said with a laugh. "People danced all the way down Jasper Avenue all the way to Churchill Square in the unbelievable heat."

The festival wrapped up on the square yesterday, with live music, dancing, and a mouth-watering selection of Caribbean food and entertainment.

"Who doesn't love a good steel drum band?" Fraser asked, while steel



Elizabeth Saal, 4, of Edmonton, tests out some steel drums, belonging to the TriCan Steel Orchestra, at Cari West festivities in Churchill Square, yesterday.

"Things like this make me want to go and check out more of the culture, especially if the food is this good."

Event-goer John Salier

drummers played rhythmically in the background.

Fraser says the festival is hugely important to the lineup of summer festivals, and that every year, more first-timers get a taste of Caribbean culture and cultural diversity.

"It's a blend of the Canadian culture mixed in with our culture," she said. "It

keeps getting better and better. Plus, next year is our 25th anniversary, so we're really going to go big."

John Salier looked up from a plate of traditional Caribbean food, and said, "I can't believe what I'm eating!"

One by one, he popped pieces of fried plantain in his mouth, marvelling about the deliciousness of what are, essentially, chopped and deep-fried bananas.

"I've never been to the Caribbean before," he said. "Things like this make me want to go and check out more of the culture, especially if the food is this good."



Twenty-four-year-old songstress Serena Ryder, right, and guitarist Chris Masterson perform for a large crowd gathered at Gallagher Park for a hot afternoon session at Folk Fest yesterday.

A little rock in our folk

YURI WUENSCH
for Metro Edmonton

Even though the spirit of the Edmonton Folk Music Festival remains one of letting your hair down (or matting it up into dreadlock beehives), it doesn't preclude it from being a festival with certain pretensions. Not the least of which is just how "folk" the fest is these days.

The punctuation mark was stamped by Hawksley Workman on Friday night, announcing he and the band just wanted to play a few songs they liked. His straight-up covers of Led Zeppelin and the Who sent the couple in front of me packing and it's too bad they didn't stay for his spot-on rendition of Queen and Bowie's "Under Pressure." Still, looking around, Work-

man's set actually disrupted the Gallagher Park tarp tapstry in a few places.

Yes, it was rock 'n' rolla and not granola, admits festival producer Terry Wickham. Still, in his festival's defence, he contends the idea of what roots music is needs grow over time.

"Who's to say that 100 years from now Zeppelin and the Who won't be considered folk music?" Wickham asks. "But that is Hawksley. He also did a Jackson 5 cover — it's important to have a sense of humour, a sense of fun. And of the 65 or so musical acts we had booked this year, 55 of them were still definitely folk artists: the Peatbog Faeries, Maya Brennan, Martha Wainwright."

"But if you're asking me whether I'm consciously booking acts like Broken Social Scene and Cat Power

to attract an 18- to 25-year-old demographic, to bring some that rock crowd into the folk scene, then the answer is absolutely and unapologetically yes."

Aside from very few people, those dyed-in-the-humane-sheared-wool folk aficionados, most of the 85,000 who attended over four-day event would likely agree that Wickham's formula for the 29th edition was a success story — yet again. And it's acts like Broken Social Scene, who played yesterday's main stage, that truly seemed to get what the folk fest is all about: plan nothing, just play. The wandering is the thing really, the potpourri — or Wickham's idea that rock, folk, hippies and yuppies can be in perfect harmony in Edmonton's summer church just once a year. Hallelujah indeed.



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Lawyers for Omar Khadr, the Canadian man imprisoned at Guantanamo Bay have filed a lawsuit against Prime Minister Stephen Harper in a bid to force him to intercede with Washington on the inmate's behalf. Harper has so far refused to ask the United States to repatriate Khadr. **METRO NEWS SERVICES**

Khadr's lawyers sue Prime Minister Stephen Harper

Canada

"Road mortality is a significant factor of influencing snake populations."

Adam Martinson, a University of Calgary student working on a Masters degree, speaking about his study of snake deaths.



Snakes

Martinson is at Dinosaur Provincial Park in Alberta, trying to discover why snakes, in increasing frequency, are being compelled to slither on to the province's roadways. **REUTERS**

'Sounded like an atomic bomb'

Massive propane explosion rocks Toronto neighbourhood, forces evacuation

As the flames died down from yesterday's massive series of explosions at a Toronto propane plant, they left behind a cloud of outrage.

Thousands of people, forced to flee their homes, are demanding answers from the city as to why Sunrise Propane Industrial Gases was allowed three years ago to build a distribution plant in a long-established residential area in Toronto.

A 25-year veteran of the fire department, Bob Leek, died fighting the conflagration. A Sunrise employee was missing and believed also to have died.

He reportedly was last seen heading toward the fire.

But the neighbourhood got off very lucky, said Toronto Fire Division Com-



A fire started in a propane storage area in the Wilson and Keele area of Toronto on Sunday morning. Area residents were awoken by a blast that shook houses and broke windows blocks away.

mander Bob O'Hallarn, though the pre-dawn blast shattered windows over a

wide area and flying debris damaged buildings hundreds of metres away.

"It sounded like an atomic bomb," said Fernando Caschera, 56. "My father

wakes up and he goes, 'What are you making so much noise for?'"

The owner of Sunrise was said to be out of the country.

The fire continued to burn last night but was declared "under control."

As many as 12,000 people within a 1.6-kilometre radius of the plant were forced into the streets, most in their night clothes.

Several people described the panic of being roused from their sleep by a series of rolling explosions, their homes brightly lit by orange fireballs soaring into the sky. "I thought it was a terrorist attack," said Carlos Montoya.

TORSTAR NEWS SERVICE



Vancouver Games chief 'mesmerized'

OLYMPICS The Beijing Games opening ceremony set a very high standard and Vancouver, hosting the 2010 Winter Olympics, has its work cut out to follow it, its Games chief said.

Speaking a day after the Games opened in Beijing with a four-hour extravaganza that won rave reviews around the world, Vancouver chief John Furlong said his ceremonies' team had already started thinking of ways to rise to the challenge.

"I was mesmerized. I could have stayed in the stadium all night," Furlong said. "It was remarkable. I think we saw a new horizon," said Furlong who will not have the \$100 million to spend, which the Chinese dished out, on his Games. **REUTERS**

News in brief

PRISONER ESCAPE A B.C. prison guard who helped a high-profile convict escape was sentenced to three years and three months in jail Friday afternoon. Edwin Tice, 35, pleaded guilty in connection with Omid Tahvili's escape from the North Fraser Pretrial Centre in Port Coquitlam last November. Before he was sentenced he apologized for helping Tahvili dress up as a janitor and walk out the front door of the high-security prison.

MONTREAL SHOOTING An 18-year-old man is dead and two other people are in hospital after being shot by police in a park in Montreal North on Saturday night. Two Montreal municipal police officers were dispatched to the Henri Bourassa Park to arrest a man. Police said a group of 20 young people surrounded the officers and some members of the group rushed toward them. At that point, one of the officers opened fire, police said.

BORDER The United States will unveil new border surveillance measures Friday in a move that has critics calling it the "weaponization" of the Canada-U.S. frontier. U.S. Customs and Border Protection is slated to open an air and marine border-monitoring outpost just north of the Detroit-Windsor border. The \$17-million Great Lakes Air and Marine Branch will help fight human and drug smuggling, U.S. officials said.

METRO NEWS SERVICES

Backlash continues over apology

VANCOUVER It is the apology that is sparking a flurry of resentment.

When Prime Minister Stephen Harper apologized in front of thousands of Indo-Canadians at a park in Surrey last week over the Komagata Maru incident of 1914, he likely did not expect the rush of criticism that followed.

But almost as soon as Harper left the stage, leaders in the community rushed up to denounce the apology. For them, the apology was worth little because it wasn't made in the House of Commons.

Jason Kenney, the secretary for multiculturalism



Stephen Harper

and Canadian identity, says the prime minister was not being disrespectful when he left the stage immediately after giving his remarks and organizers knew that Harper was scheduled to appear at another event.

Over the past week, callers have been flooding the phone lines of the influential Punjabi language radio stations.

"Ninety-nine per cent of people phoning say they want the PM to apologize in the House of Commons," says radio host Harjinder Thind of Red-FM 93.1.

Thind says he anticipates the Indo-Canadian community will make an official apology an election issue. The Conservatives had been making efforts to woo the Indo-Canadian vote.

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Soldier's death probed

AFGHANISTAN An investigation is under way into the death of Canadian soldier Master Cpl. Josh Roberts, who may have been killed accidentally by a passing convoy of private security guards who likely believed they were engaging insurgents.

The Canadian Forces National Investigation Service, a sector of the military police which looks at incidents involving Canadian military personnel, is looking into the incident, but the military offered no

new details.

It was not immediately clear which private security company was involved in the shooting.

Maj. Bob Ritchie, task force commander for Zhari District, said it's not uncommon for private security contractors to engage insurgents.

"Private contractors routinely operate within the battle space and they provide essential security to a lot of development and stabilization groups," he said. **METRO NEWS SERVICES**

Masked men kill Calgary citizen

DRIVEBY A man was killed in Calgary's northeast Marlborough neighbourhood over the dinner hour on Saturday in an apparent drive-by shooting.

Witnesses told local media they saw two masked people in a dark-coloured vehicle with tinted windows open fire and then speed away. The gang unit is currently assisting the homicide unit in the case, Calgary police said.

METRO NEWS SERVICES

Gene increases chances of smoking, lung cancer

A certain gene type raises the risk of a lifetime smoking habit and has been implicated in the development of lung cancer, say researchers. Research in this field may soon lead to new treatments for nicotine addiction and tests to assess addiction risks. **REUTERS**

World



Edwards's wife remains supportive

Elizabeth Edwards, wife of former U.S. Democratic presidential candidate John Edwards, is standing behind her husband as details about his extramarital affair in 2006 make their way into the news. On a diary she keeps on the news blog Daily Kos, Edwards said that though her husband "believes he should stand alone . . . when the door closes behind him, he has his family waiting for him." **REUTERS**

Bush condemns Russia

Georgia said Russian warplanes attacked more targets near its capital, Tbilisi, early Monday while U.S. President George W. Bush condemned Moscow's "disproportionate response" to the South Ossetian crisis.

Russian planes bombed a military base and radar installation, the interior ministry said, shortly after France's foreign minister arrived in Georgia on a mediation mission.

"There were two bombings. One at the Kojori military base and another on Mt. Makhata. As far as I know there are no casualties," Interior Ministry spokesman Shota Utashvili told Reuters.

It was unclear if Kouchner was still in Tbilisi at the time of the bombing. Earlier on Sunday, Georgia offered Russia a cease-fire and peace talks, and



A Georgian woman holding her baby cries at her damaged home in Gori yesterday.

pulled its troops back from the Russian-backed separatist region of South Ossetia in the face of military muscle from Moscow. Russia, whose forces now control the South Ossetian capital of Tskhin-

vali, is demanding an unconditional Georgian withdrawal.

The early morning attacks by Russian planes caused explosions heard in Tbilisi's city centre.

REUTERS

Blasts and shootout kill 11 in China's volatile far west

EXPLOSION Suspected Muslim separatists and suicide bombers launched a dozen attacks in west China yesterday, killing 11 people in the blasts and a subsequent shootout with police in renewed violence two days into the Olympics.

China says militants seeking an independent "East Turkestan" homeland for Muslim Uighurs in the Xinjiang region are among the top threats to

the Beijing Olympics, which began on Friday.

Fifteen men attacked supermarkets, hotels and government offices in the morning, the Xinhua news agency said.

Police shot dead eight assailants, while another two blew themselves up. They managed to capture two of the attackers and have launched a manhunt for another three who escaped, Xinhua said. **REUTERS**

Hunt militants in Pakistan: Karzai

C10DATELINE Afghan President Hamid Karzai urged the world yesterday to target the Taliban in Pakistan, adding that operations by foreign troops in his country had only led to civilian deaths among Afghans and not success in the war.

Afghanistan and Pakistan are important U.S. al-

lies, but ties between the two neighbours have for decades been dogged by a border dispute. Recently, Kabul openly accused Pakistan of involvement in violence in Afghanistan, where the Taliban and al-Qaeda militants routinely attack foreign and Afghan forces. **REUTERS**

News in brief

FLOODING About 80 people have been killed and dozens remain missing in north Vietnam as heavy rains brought by tropical storm Kammuri triggered landslides and floods. The country's weather officials warned of more flash floods and landslides yesterday in what has been described as the biggest natural disaster to hit Vietnam this year. Lao Cai, bordering China, was the most seriously hit area with 32 people killed by landslides and flash floods, provincial officials said.

PRISONER Guantanamo's only convict was moved to a prison wing hours after U.S. military jurors found him guilty of driving Osama bin Laden, his lawyers said. Still, serving out his 66-month sentence doesn't mean he'll walk free; he'll be retained as an enemy combatant and then become eligible for a review process to determine if he qualifies for release or transfer. **REUTERS**

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News in brief

IMPEACHMENT Eyes were on Pakistan's generals yesterday for any gesture of support for President Pervez Musharraf the day after a four-month-old civilian coalition declared plans to impeach the former army chief.

The ex-commando, who seized power in a coup nine years ago, has yet to make any public response after being given the option of facing a confidence vote in parliament or being impeached.

STATE FUNERAL Mahmoud Darwish, whose poetry encapsulated the Palestinian cause, will get the equivalent of a state funeral in the West Bank tomorrow — an honour only previously accorded to PLO leader Yasser Arafat. Tributes for Darwish poured in yesterday, a day after the 67-year-old writer died from complications following heart surgery in a U.S. hospital in Houston, Texas.

STUDIO DEAL Steven Spielberg and David Geffen may announce as soon as this week a deal with Reliance ADA Group to set up a new studio and split from Paramount Pictures, sources said yesterday.

REUTERS

Bolivia president wins recall

Bolivian President Evo Morales easily won a recall vote yesterday, unofficial results and exit polls showed, but he will likely remain deadlocked with opponents of his leftist reforms.

A quick count of votes at a sample of stations by respected pollster Ipsos Apoyo showed Morales secured 60.7 per cent support with 80 per cent of ballots counted, private television channel ATB reported.

An exit poll by private TV channel Unitel said Morales won 60.12 per cent of the vote. Both results were sharply higher than the 53.7 per cent margin by which Morales was elected in December 2005.

"The initial reading is the political crisis and tension in the country is going to deepen greatly," said Franklin Pareja, professor of political science at the state-run San Andres University in La Paz.

"While the president has garnered a (strong) ... vote, the governors who are against the president have won votes that legitimize their own position and



Bolivian President Evo Morales greets supporters after casting his ballot during a recall vote at his hometown Villa 14 de Septiembre in the Chapare region in Cochabamba yesterday.

strengthen them," he said, adding that implementing reforms would remain a battle for Morales.

Morales, a former coca farmer who is Bolivia's first Indian leader, hopes a victory will allow him to forge ahead with changes like nationalizations, land redistri-

bution and a constitution that aims to give more power to the poor.

But with Bolivia roiled by protests, and most of the governors expected to survive, few people expect the recall vote to restore calm in South America's poorest country.

"He's manipulating uneducated people and isn't caring for the middle classes," said 40-year-old designer Roxana Blechner after the unofficial results were announced.

Final official results are due in next few days.

REUTERS

Invisibility cloak closer: Scientists

Scientists have created two new types of materials that can bend light the wrong way, creating the first step toward an invisibility cloaking device.

One approach uses a type of fishnet of metal layers to reverse the direction of light, while another uses tiny silver wires, both at the nanoscale level. Both are so-called metamaterials — artificially engineered structures that have properties not seen in nature, such as negative refractive index.

The two teams were working separately under the direction of Xiang Zhang of the Nanoscale Science and Engineering Center at the University of California, Berkeley with U.S. government funding. One team reported its findings in the journal Science and the other in the journal Nature.

Immediate applications might be superior optical devices, Valentine said.

"However, cloaking may be something that this material could be used for in the future," he said. REUTERS

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Research Study for Type 2 Diabetes Controlled Through Diet and Exercise Participants Needed

What is the goal of the study?

The goal of the study is to test the safety of a new oral medication to treat diabetes.

Who can enter the study?

Persons with type 2 diabetes who: are currently managing their diabetes through diet and exercise; are between the ages of 31-75 years; and have never received insulin therapy. Additional inclusion and exclusion criteria will be reviewed at time of screening.

What are the study participants asked to do?

Participants will spend a total of seven nights in the University of Alberta Hospital and make six visits to the research unit. Participants will be asked to take a new oral medication. Participants will undergo several monitoring tests (vital signs, ECG, blood and urine sampling).

Are participants compensated?

Participants will be compensated at a rate of \$20/hour for a maximum of 244 hours for their involvement in the study.

Who can I contact for more information?

You may call 780-407-2965 or email kate.bailey@capitalhealth.ca to learn more about the study.

Shine a light on fluorescent bulbs

If 1 million people changed four incandescent light bulbs each to compact fluorescent light bulbs, 900,000 tons of greenhouse gases would be eliminated, according to The Live Earth: Global Warming Survival Handbook by David de Rothschild. **METRO NEWS SERVICES**

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Going Green

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

Water, water everywhere

Canada's water use averages out to 1,600 cubic metres of water per capita each year. This is double the amount used in France per person, nearly four times the water use of the average Swede and more than eight times that of the average Dane, according to *Greenology: How To Live Well, Be Green And Make A Difference* by Tanya Ha. **METRO NEWS SERVICES**

Positive signs for North

ScienceMatters

David Suzuki & Dr. Faisal Moola



Are Canadian politicians finally paying serious attention to the environment?

Recent events and announcements give us reason for optimism.

The Ontario government's recent commitment to protect 50 per cent of its intact boreal forest offers further hope that governments are getting serious about protecting the planet.

On July 14, Ontario Premier Dalton McGuinty committed to preserve 225,000 square kilometres of northern boreal forest under the province's Far North Planning Initiative. It's a significant commit-

ment, and it's something more than 1,500 of the world's scientists had asked for, including us.

The boreal forest stretches across the northern part of Canada, touching almost every province and territory and covering 35 per cent of the country's total land mass. It represents about one third of the world's circumpolar boreal system and one quarter of all intact forests remaining on the planet.

The region supports three billion migratory songbirds and more than 200 species of animals, including dozens of threatened or endangered species such as woodland caribou, grizzly and polar bears, wolverine, lynx, and white pelican.

"The Ontario government's recent commitment to protect 50 per cent of its intact boreal forest offers further hope that governments are getting serious about protecting the planet."

The announcement is significant not just in terms of conservation but also because it marks the first time a government in Canada has explicitly recognized the role nature conservation must play in combating global warming.

The boreal's forests and peatlands absorb and store massive amounts of carbon, making them a hedge against global warming caused by emissions from human activity.

Scienc-



tists estimate that Ontario's northern boreal alone absorbs 12.5 million tonnes of carbon dioxide emissions a year.

With this announcement, Ontario has taken an important and courageous step, one that we hope other provinces will follow. For example, Quebec has protected less than five per cent of its own boreal forest, and although it has plans to increase this, it has yet to make a commitment as visionary as Ontario's.

The recent attention governments have been paying to the environment are positive signs. But successful conservation efforts can't be limited to aspirational goals announced at news conferences. We all have a responsibility to make sure governments live up to their commitments.

Take David Suzuki's Nature Challenge and learn more at www.davidsuzuki.org.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

Air quality index hits Internet

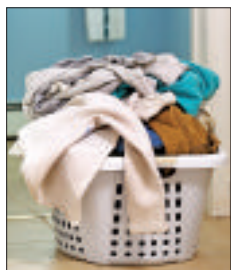
POLLUTION Each year, an estimated 6,000 Canadians die prematurely as a result of air pollution. Even more are hospitalized for respiratory or cardiovascular illnesses or suffer minor effects, such as coughing or eye irritation.

In order to minimize their exposure to noxious pollutants, and take steps to reduce emissions from their own activities, Canadians need to know when the quality of the air they breathe poses a risk to their health.

The new Air Quality Health Index, found at www.airhealth.ca, is the first index of its kind to take into account how the level of exposure to multiple pollutants can affect your health.

Hourly readings of current conditions and maximum forecasted values for today, tonight, and tomorrow are represented using a colour-coded numerical scale: 1 to 3 is low, 4 to 6 is moderate, 7 to 10 is high, and 10+ is very high.

NEWS CANADA



Concentrated laundry products are offering consumers a greener choice for cleaning clothes.

Less is more new mantra for detergents

"Anxiety attack, aisle 2." That would be laundry products.

Grocery store shelves are jammed with boxes and bottles of detergents and bleaches whose labels announce new formulas: Ultra, 2X Ultra, 3X Concentrate, Coldwater HE Concentrate.

Unlike ever-expanding clothes sizes — more Xs,

more waistband — laundry products are shrinking. New condensed formulas, say manufacturers, are more eco-friendly, requiring less packaging, less plastic, less water, less gas to ship.

Fine. Small is beautiful — but bewildering for the busy shopper now responsible for Mother Earth and the family budget, never

mind clean clothes.

"Everything right now is in a state of flux," says Harold Baker, a.k.a. Dr. Laundry, technical spokesperson for Clorox, makers of Javex. "We're changing over to high-efficiency washing machines, concentrated laundry products, and even clothes with different finishes. There's so

much going on."

It's a leap of faith for the consumer to use less and get the same good results, he says. "It's counterintuitive. We're used to buying bigger."

As of May, all of P&G's liquid laundry detergents are now condensed. And this time, all major manufacturers are on the shrink-the-plastic and save-the-planet

bandwagon.

But just how eco-friendly are these less-is-more products? Not very if consumers pour in too much.

"For the environmental benefit, it's absolutely imperative that the consumer use it properly," says Joanne St. Godard, executive director, Recycling Council of Ontario. **TORSTAR NEWS SERVICE**



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More than 20 U.S. cities, including New York, Las Vegas and Denver, have agreed to measure their carbon footprints, with a system some 1,300 companies have been persuaded to use, in an attempt to find ways to curb emissions blamed for warming the planet. **REUTERS**

Business



Easier on the wallet

In the face of unprecedented gas prices and a desire to be more "green", Canadians are increasingly trading in four wheels for two, swapping their cars for motorcycles, scooters or bicycles. **REUTERS**

EDITOR: FERMIN DESOUSA, FERMIN.DESOUSA@METRONEWS.CA

July job report 'grisly': Analysts

ECONOMY Canada's slowing economy took a surprise hit in July with the worst job losses since the 1991 recession, sending the loonie to its lowest level in nearly a year while the U.S. dollar strengthened and oil and gold tumbled yet again — and economists say things will only get worse before they get better.

Statistics Canada said an unexpected 55,200 jobs were lost in Canada last month, providing more evidence of a continued economic slowdown and prompting economists to label the figures everything from "grisly" to "gruesome."

Most of the losses, 48,000, were in part-time work and were centred in manufacturing, business,

Provincial hits

- Ontario, Quebec, Saskatchewan and Prince Edward Island all took a hit on the job loss front.

building and other support services and educational services, the government agency reported Friday.

The news put more downward pressure on the loonie, which fell another 1.28 cents to close a devastating week at 93.69 cents U.S., a level it hasn't seen since the middle of last August.

Overall employment remained 227,000 higher than it was a year earlier. The only significant gains were in seasonal employment. **TORSTAR NEWS SERVICE**

Indonesia Torch power



Women wearing traditional costumes hold torches during an energy saving campaign rally on Friday in Makassar, south of Sulawesi in Indonesia.

Business in brief

HYBRIDS Soaring gas prices have sparked a huge increase in hybrid auto sales in Canada during the first half of this year and are causing some shortages, say automakers. Hybrid auto sales jumped by more than 66 per cent to almost 12,000 in the first six

months. **TORSTAR NEWS SERVICE**

ONLINE Google and Yahoo released on Friday excerpts of a pact covering their search advertising partnership that keeps secret financial terms and the extent of other ties between the two. **REUTERS**

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Browns' Edwards gets stitches in his foot

Cleveland Browns wide receiver Braylon Edwards spent Saturday night in the hospital after receiving stitches in his right foot. Browns head coach Romeo Crennel said Edwards was expected to be released yesterday, and had no timetable for the player's return. **METRO NEWS SERVICES**

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Sports

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA



O-Dog out for season

Arizona Diamondbacks second baseman Orlando Hudson, left, will miss the rest of the season after having surgery on his dislocated wrist on Saturday night. Hudson left Saturday's 11-4 loss to the Atlanta Braves after suffering the setback.

METRO NEWS SERVICES

Paddy makes it a double

Harrington claims PGA Championship after winning British Open last month

Irishman Padraig Harrington putted superbly over the closing stretch to seal his second consecutive major title with a two-shot victory at the PGA Championship yesterday.

One month after successfully defending his British Open crown at Royal Birkdale, Harrington held off the challenge of playing partner Sergio Garcia and American Ben Curtis with a four-under-par 66 at Oakland Hills Country Club.

The Irishman edged ahead by sinking a 10-foot birdie putt at the par-three 17th before ramming in a 15-footer to save par at the last for a three-under total of 277.

"I knew that I had the opportunity to get the putt in

first," Harrington told reporters of his birdie on the 17th green where Spaniard Garcia struck his tee shot to four feet.

"That was important. I knew if I holed it, I probably would win the PGA. If I missed, Sergio would probably win the PGA. So it was down to that and I hit a lovely putt. I read it exactly how I wanted it and it did exactly what I expected."

Harrington became the first European to win the tournament in 78 years, since Scottish-born Tommy Armour won in 1930.

He also became the fourth player after Walter Hagen, Nick Price and Tiger Woods to win the British Open and PGA Championship back-to-back.

REUTERS



Padraig Harrington of Ireland kisses the Wanamaker Trophy after winning the 90th PGA Championship at the Oakland Hills Country Club in Bloomfield Township, Mich., yesterday.

Sports in brief

TENNIS Argentine teenager Juan Martin Del Potro upset top seed Andy Roddick 6-1 7-6 on Sunday to win the ATP event in Los Angeles and claim his third successive title. Del Potro, 19, produced a brilliant and mature performance, rocketing winners past the American for his 14th consecutive victory.

NFL Two days after losing backup quarterback Charlie Batch to a broken right collarbone in the team's first preseason game, the Pittsburgh Steelers signed quarterback Byron Leftwich to a contract yesterday.

NFL Pro Bowl guard Shawn Andrews arrived at Eagles training camp yesterday, ending his depression-related absence.

MLB The Chicago White Sox acquired pitcher Horacio Ramirez from the Kansas City Royals in exchange for minor-league outfielder Paulo Orlando late Saturday night. **METRO NEWS SERVICES**

Despite Friday's loss Esks looking better

CapitalSports

Robin Brownlee



If you would have said in June the Edmonton Eskimos would be 4-3 after seven games, I'd have suggested you were being optimistic.

Likewise, I suspect coach **Danny Maciocia**, given a shot of truth serum, would tell you today he's happy with a 4-3 record going into the bye-week, despite a mistake-filled 40-34 loss to the B.C. Lions Friday.

Given how the Esks hit the skids to end 2007, the question marks they had coming into this season and the injuries they've endured to **Fred Perry**, **Dan**

Comiskey and **Jason Tucker**, their record is nothing to sneeze at.

Yes, **Ricky Ray** spoiled a big night with two interceptions. Yes, the Esks were sloppy, handing the Lions 21 points on turnovers. And yes, special teams were atrocious — especially rookie returner **Tristan Jackson**, who'd produced more highlights than lowlights until Friday.

Jackson tried to run a missed field goal attempt out of the end zone and fumbled on the four-yard line. **Noel Prefontaine** got into the act when he had a punt blocked that turned into a B.C. touchdown.

Obviously the Esks would be sitting prettier at 5-2 than at 4-3, but that record is still the flipside of what I thought would be a 3-4 mark through seven outings.

"We didn't play smart at

times, whether it was special teams, the offence or the defence," Maciocia said. "We just have to learn from it, take some time off, recharge the batteries and get to work."

Ray will rebound. Jackson will take his lumps and be better for it. So — unless I've read the character of this team wrong — will several others who weren't good enough in B.C.

WHILE I'M AT IT

Rod Phillips turns 67 in September but he'll return for another season as the voice of the Oilers on 630 CHED in 2008-09.

Phillips, inducted into the broadcast wing of the Hockey Hall of Fame in 2003, is taking it year-by-year. Colour man **Morley Scott** has become a fixture on the wireless, but he's also done play-by-play on pay-per-view. At some point Scott may migrate toward the TV

side, leaving an opening in the radio booth.

IT SAYS HERE ... with **Ray Ferraro** leaving Sportsnet for TSN, I don't see a clear-cut leading candidate to take his gig as analyst alongside **Kevin Quinn**, although **Bob Stauffer** of Team 1260 is somebody Sportsnet should be taking a look at ... if Scott takes a TV gig sooner than later, Stauffer would be a fit alongside Phillips ... by making contract man **Rick Olczyk** assistant GM in tandem with **Kevin Prendergast** in the wake of **Kevin Lowe** being bumped to president of hockey operations and **Steve Tambellini** taking over as GM, the Oilers have as many good hockey minds in the right places as any team in the NHL.

In a decade covering the Edmonton sports scene, Robin Brownlee has been the news-breaker and insightful voice for sports fans in Oil Country.

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AMERICAN LEAGUE			EAST DIVISION						EAST DIVISION		
Tampa Bay	71	46	.607	L.A. Angels	74	43	.632	Montreal	4	3	0
Boston	67	51	.568	Texas	61	58	.513	Toronto	3	4	0
N.Y. Yankees	63	55	.534	Oakland	54	63	.462	Hamilton	2	5	0
Toronto	59	59	.500	Seattle	45	73	.381	Winnipeg	1	6	0
Baltimore	56	60	.483								
CENTRAL DIVISION			WEST DIVISION						WEST DIVISION		
Chicago Sox	65	51	.560	Arizona	60	58	.508	San Francisco	5	1	0
Minnesota	65	52	.556	L.A. Dodgers	58	59	.496	San Diego	4	6	0
Detroit	58	59	.496	Cincinnati	52	67	.437	St. Louis	12	12	0
Kansas City	54	64	.458	Colorado	53	67	.442	Philadelphia	6	10	0
Cleveland	52	64	.448	San Francisco	50	66	.431	San Francisco	5	1	0
				San Diego	46	72	.390	Atlanta	1	1	0
WEST DIVISION			TODAY'S GAMES						WEST DIVISION		
				American League	White Sox @ Boston 5			Montreal	4	3	0
					Cleveland 4 @ Toronto 0			Toronto	3	4	0
					Detroit 6 @ Oakland 1			Hamilton	2	5	0
					Kansas City 5 @ Minnesota 4 (112 Ings)			Winnipeg	1	6	0
					L.A. Angels 4 @ N.Y. Yankees 3			LAST NIGHT'S RESULT			
								Long Beach @ EDMONTON 7:30			
								TONIGHT'S GAME			
								Saskatchewan 6 @ 1 @ 12			
								EDMONTON 4 @ 3 @ 8			
								Lona Beach @ EDMONTON 7:30			

Calgary's Jujie Luan defeated Ines Boubakri of Tunisia 13-9 early this morning in her first match at the Beijing Games. She will face Hungary's Aida Mohamed in the next round. **METRO NEWS SERVICES**

Beijing Games

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Records falling fast in the pool

American Phelps claims second gold in Beijing as team sets a new world standard

Michael Phelps dodged a bullet to collect his second gold medal and stay on course for a possible eight on an incredible record-breaking day at the Water Cube early this morning at the Beijing Olympics.

Phelps joined his American teammates Garret Weber-Gale, Cullen Jones and Jason Lezak to smash the 4x100 metre freestyle relay after a breathtaking struggle with France that threatened to sink his chances of breaking Mark Spitz's record of seven golds at a single Olympics.

France looked to have the gold in the bag when they led by half a body length with one lap to go but Jason Lezak overhauled Alain Bernard on

the last stroke to win the gold in three minutes 08.24 seconds and carve nearly four seconds off the previous record, that was set yesterday.

Eamon Sullivan also claimed the individual world record in the same race when he led the Australian team off in 47.24, wiping 0.26 off Bernard's record. The Australians finished third, while Canada — led by Brent Hayden of Mission, B.C., who withdrew from the 200-metre freestyle semifinals to save his strength for the relay — placed sixth.

Japan's Kosuke Kitajima broke the world record to win the men's 100 breaststroke gold while Zimbabwe's Kirsty Coventry broke

Natalie Coughlin's world record in the semifinals of the 100 backstroke.

Australia's women grabbed their second gold in the pool when Libby Trickett won the 100 butterfly final while Rebecca Adlington scored a surprise win in the 400 metres freestyle to provide Britain with their first female swimming gold medallist in nearly half a century.

Adlington stormed home on the last lap to overhaul American Katie Hoff and win the gold in 4:03.22 seconds.

Hoff held on to take the silver in 4:03.29 while Joanne Jackson provided Britain with a second medal when she finished third in 4:03.52. **REUTERS**



Kosuke Kitajima of Japan celebrates winning the gold medal in the men's 100-metre breaststroke final early this morning with a world record time at the National Aquatics Center at the Beijing Games.

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Bush gets treated to U.S. razzle-dazzle

BASKETBALL The millionaire stars of the U.S. basketball team swept past hosts China yesterday in the showcase match-up of the Olympics, watched by tens of millions on Chinese TV and cheered on by U.S. President George W. Bush.

Talismanic giant Yao Ming, flag carrier for China at the opening ceremony, could not protect his colleagues from the speed and power of the NBA professionals.

Ming, who plays with the Houston Rockets, scored 13 points in the 101-70 loss to the U.S. in what was billed as the most watched basketball game in history.

Bush and his father, former President George H.

W. Bush, huddled with the U.S. team ahead of the game to wish them luck.

"What's up, pops?" NBA scoring champion LeBron James quipped to Bush's ageing father.

Los Angeles Lakers guard Kobe Bryant, the NBA's MVP, won a huge cheer from the star-dazzled home supporters but the loud-

est shout from the raucous 16,000 crowd was for Ming, China's favourite athlete along with 110m hurdler Liu Xiang.

The U.S. team is still smarting from winning only bronze at Athens in 2004 and has nicknamed itself the "Redeem Team". They have joked they will be unable to return home without the gold.

REUTERS

Sports in brief

ATHLETICS Greek sprinter Kateřina Thanou has been barred from competing in Beijing because of her role in a doping scandal four years ago, the International Olympic Committee said yesterday. Thanou qualified for Beijing but needed IOC approval to compete. **REUTERS**

CYCLING Spanish cyclist Maria Isabel Moreno has become the first competitor at the Beijing Games to fail a drugs test, the IOC said early this morning. Moreno, entered for the women's road race and individual time trial, tested positive for the drug EPO. **REUTERS**

Ivanovic forced to pull out of Games

TENNIS Top seed Ana Ivanovic of Serbia withdrew from the Olympic tennis event yesterday with an injury to her right thumb.

The French Open champion was due to take on Mariya Koryttseva of Ukraine in the first round but said yesterday she would go home to try to recover in time for the U.S. Open, which begins on Aug. 25 in Flushing, N.Y.

REUTERS

Medal count

Rank	Nation	Gold	Silver	Bronze	Total
#1	China	6	2	0	8
#2	U.S.	2	2	4	8
#3	S.Korea	3	2	0	5
#4	Italy	1	2	1	4
#5	Russia	0	3	1	4
#6	Japan	1	0	2	3
#7	France	0	2	1	3
#8	N.Korea	0	1	2	3
#9	Czech Rep.	2	0	0	2
#10	Australia	1	0	1	2
#11	Holland	1	0	1	2
#12	Spain	1	0	1	2
#13	Cuba	0	1	1	2
#14	Britain	1	0	0	1
#15	Romania	1	0	0	1
#16	Thailand	1	0	0	1
#17	Austria	0	1	0	1
#18	Hungary	0	1	0	1
#19	Sweden	0	1	0	1
#20	Turkey	0	1	0	1
#21	Vietnam	0	1	0	1
#22	Zimbabwe	1	0	0	1
#23	Canada	0	0	0	0

(Count at the end of Day 2)

Ottawa universities plan for expansion

Ottawa's two universities are seeking out more space to keep up with the rising student population. The University of Ottawa has issued a request for proposals to house its library warehouse while Carleton University seeks expansion as well. **METRO NEWS SERVICES**

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Workology



\$5M for U of T

Yesterday, the Ontario government announced a \$5-million investment in a new research institute at the University of Toronto. The institute will focus on non-partisan policy research and analysis on issues affecting Ontario.

METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Office eating need not be unhealthy

RAFAEL BRUSILOV
for Metro Canada



Eating healthy at work doesn't seem easy. Stress, lack of time and too much work means many people settle for fatty, sugar-laden fast food or fill up on junk food in between meals.

Yet Ali J. Chernoff, a Vancouver-based nutritionist and registered dietician, suggests eating well at work doesn't have to be a chore if you take the initiative and plan accordingly.

The first place to start is portion sizes. Chernoff says most people simply eat too much food and offers a few techniques for eyeballing a correct portion size.

For fruits and veggies, a single portion should be about as large as your fist. Meat servings should only be the size and thickness of your open palm.

Using these guidelines, enormous restaurant portions should be a sobering experience but Chernoff says too many people continue the trends they see in their own kitchens.

"People tend to take restaurant portion sizes into their homes. It doesn't take much to make up a serving so people end up eating too much," Chernoff said.

The need for quick, easy food while you're working is undeniable, so Chernoff says the best strategy is to take one day out of each



For fruits, a single portion should be about as large as your fist.

month to cook up a storm of your favourite dishes and freeze them, essentially making a stash of healthy fast meals you can take to work and heat up in the microwave.

Also, cutting out food altogether to "make up" for overeating in the past is a bad idea and skipping breakfast is a huge no-no because without it, you will be tired early and eat more in the long run.

"If you're nutrient-deprived your body is not functioning like it's supposed to be," Chernoff said.

While many popular diets suggest eating drastically fewer carbohydrates, the

Sugar and salt

• When eyeballing amounts of things like sugar or salt, the tip of your thumb is a good approximation of a teaspoon, and three thumb-tips is a tablespoon.

truth of the matter is that carbs are necessary fuel for your body. Like a car, if you don't put enough fuel into the tank the engine won't run for long. If you find yourself feeling forgetful or unfocused at work, the problem could also be a lack of carbs.

"The brain is fuelled by carbohydrates. You have to

eat carbs otherwise you can't really function — but you can eat better ones," Chernoff said.

Better carbs include brown rice, whole wheat pasta and plenty of fruits and veggies compared to the bad carbs generally found in processed foods.

Healthy food can also help keep the body awake and energized so swap out refreshing water for your coffee or tea and bring a stash of fresh cut veggies to munch on at your desk. Stay away from candy bars and chips and instead squelch cravings by splitting your healthy meals up and eating them more often.

Humble beginnings for famous chef

VERONICA BOODHAN
for Metro Canada



Taking an unconventional approach to cooking, Marty Curtis has travelled the world and worked in a variety of different places, but now he is finally doing what he loves to do — and he's sharing it with the world at his world-famous café in Muskoka.

People travel from all over the world to visit the café and indulge in one of the butter tarts. Celebrities in-

cluding Mike Myers, Goldie Hawn and Kurt Russell have all visited the Muskoka landmark.

Finding his place came to Curtis at an early age. He began working with food at age 14, as a young apprentice at a Pizzeria.

The risk of failure never kept Curtis down. It's his perseverance that has led Curtis to his success.

"It's about constantly setting a new vision for yourself and you just believe you can do it and you trust it and let it happen."

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As the "brain drain" battle wages on, a number of U.S. public colleges and universities are turning towards specific initiatives to retain valuable faculty. Boosting faculty salaries is a primary pre-emptive tactic. **METRO NEWS SERVICES**

Flipping out, all a part of the job

OddJobs

Diane Peters



Ever wonder what those lithe gymnasts romping across the mat in China this week will do when they grow up? You can't vault competitively forever.

But you can flip, soar, leap and balance for pay audiences, at least into your late 30s.

That's what Montrealler Stacy Clark, 38, does. She started gymnastics at age six and competed at the national level until a back injury made her quit in her mid-teens. "It was hugely disappointing. When you do a sport like that, which takes up so much of your time, it really defines you." She then had a "normal" life and went to Ryerson University for media arts and got a job in advertising in Toronto.

She was 26 when she saw an outdoor flying trapeze rig and people doing aerial stunts. "Wow, I really have to try that," she said to herself. So she signed up for a circus class at Harbourfront Centre and took to it immediately. Eventually, she was taking classes four nights a week.

She met professional dancer Robin Szuch and the two worked well together. Realizing no one in Canada was doing circus work as street performers, they created High Strung Aerial Dance in 2000. They

had a portable 20-foot-high trapeze made and landed their first gig within a few months.

Weekends were soon filled with outdoor performances in summer and corporate gigs in winter. Clark kept working, but her boss gave her the summer of 2003 off to perform. She quit the following spring when the company was offered, in quick succession, work on a TV show, a trip to Japan and a job with the Canadian Opera Company.

High Strung's street show combines theatre, comedy, acrobatics and aerial stunts. Clark wears a bun and plays the "straight" character while Szuch wears pigtails and is a total goof. During the show, Clark stands on Szuch's shoulders, waving and grinning at the audience while Szuch grimaces in mock pain under her weight. On the trapeze, Clark does various flips and at one point balances on the nape of her neck and at another dangles upside down from her flexed feet.

The show takes a lot of

energy, strength and flexibility. On non performance days, to keep in top condition — not to mention looking great in her spandex costume — Clark either runs or does yoga.

While maybe not as gruelling as competitive athletics, this is a physical job

that Clark knows she can't do forever. She recently moved back to Montreal to take a job with Cirque du Soleil as a talent scout. Her employer, of course, lets her take time off for performances.

"If my body hurts and I'm not having fun, then I don't

want to do this," she says of her exit plan. "But right now, it's the greatest job on Earth. We've performed in hail and in the pouring rain and we always have fun."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Aerialist

Salary: "I make as much as I did as an account director at an advertising agency."

Education: While Clark went the recreational training route, there are accredited circus schools across the country

Best Part of the Job: "Keeping fit is a perk, but the best part is that I love it."

Worst Part of the Job: "We don't have a crew, so we have to do everything ourselves."



After vaulting competitively, Stacey Clark turned it into a career.

Do you have psoriasis on your face?

Do you know someone who does?



Psoriasis is a life long skin disease that causes dry, red scaly patches (called "lesions") on the skin. **FACIAL PSORIASIS** most often affects the eyebrows, the skin between the nose and upper lip, the upper forehead and the hairline.

Right now, a local dermatologist is looking for volunteers to participate in a facial psoriasis research study involving an investigational treatment.

If you or someone you know is 18 years of age or older and suffers from facial psoriasis, please contact **Stratica Medical** at:

780-497-7652

**Dr. Norman Wasel, Dermatologist
Edmonton**



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Email: matthew.hillman@metronews.ca

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- Experience with Travel arrangement would be considered an asset.

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- Have intermediate computer and time management skills.

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Swift donation
Taylor Swift announced onstage at a concert in the flood-beleaguered town of Cedar Rapids, Iowa, that she's donating \$100,000 US to the local Red Cross. FEMALEFIRST.CO.UK

Entertainment



Inglorious role

Brad Pitt has joined the cast of Quentin Tarantino's next film *Inglorious Bastards*. The actor is expected to play the head of the Jewish resistance in World War II. BBCNEWS.ONLINE

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONews.CA

Box office

Following are the top 10 films at the North American box office for the weekend beginning Aug. 8, according to studio estimates:

- The Dark Knight**
\$26 million US
- Pineapple Express**
\$22.4 million
- The Mummy: Tomb of the Dragon Emperor**
\$16.1 million
- The Sisterhood of the Traveling Pants 2**
\$10.8 million
- Step Brothers**
\$8.9 million
- Mamma Mia!**
\$8.1 million
- Journey to the Center of the Earth**
\$4.9 million
- Hancock**
\$3.3 million
- Swing Vote**
\$3.1 million
- WALL-E**
\$3 million

REUTERS

Gallagher pens tribute to Lennon

MUSIC Liam Gallagher has written a tribute to John Lennon on the new Oasis album, *Liam Gallagher female-first.co.uk* reports.



The band's frontman has stunned fans and even his brother, bandmate Noel, with the tribute. The song, titled *I'm Outta Time*, features a clip of the late Beatles legend talking in an old interview and is already being tipped for release as a single from new Oasis album *Dig Out Your Soul*.

Singer Isaac Hayes dies in Memphis

PEOPLE Oscar-winning soul singer Isaac Hayes died in Memphis yesterday, Reuters reports. He was 65. Hayes' wife confirmed he was found unconscious at his home, and rushed to a local hospital where he was pronounced dead.

The performer reached his commercial peak in 1972 when he won an Academy Award for his No. 1 hit *Theme From Shaft*.

In later years, Hayes reached a new audience by supplying the voice for Chef, the libidinous sage on the cartoon series *South Park*. METRONews.SERVICES

Comedian Mac dies at 50

Pneumonia claims life of popular Kings of Comedy, Ocean's 11 star

Comedian and actor Bernie Mac, who starred in one of U.S. TV's few black sitcoms and appeared in the Ocean's 11 movies, died in Chicago on Saturday after a bout with pneumonia. He was 50.

Publicist Danica Smith confirmed the death in a statement but gave no further details. "We ask that his family's privacy continues to be respected," she said.

Reactions poured in from Hollywood, which was taken by surprise because two days ago, Smith said he was "responding well to treatment" and remained in "stable condition."

"The world just got a little less funny. He will be dearly missed," said George Clooney, who starred with Mac in the Ocean's trilogy of hit box office films.

Mac was hospitalized in Chicago on Aug. 1, and Smith said then his illness was unrelated to a chronic tissue inflammation called sarcoidosis, which had been in remission since 2005.

The Chicago-born comedian, whose given name



Actor and comedian Bernie Mac died in Chicago over the weekend.

was Bernard Jeffrey McCullough, was best known for his TV comedy *The Bernie Mac Show*, which ran for five seasons until 2006.

Along with the Ocean's capers, he appeared in

movies such as comedy *Guess Who* and *Mr. 3000*. He recently worked on a new TV show *Starting Under* and an upcoming film *Soul Men*.

"I reflect on my child-

hood, my young adulthood, the disappointments of life — the problems I brought on myself, the self-pity I went through before I became a man," he told *Playboy* magazine in

"Losing him is like losing 12 people because he absolutely filled up any room he was in. I'm gonna miss the Mac Man." Chris Rock

2003.

Mac achieved national prominence after joining the *Kings of Comedy* stand-up tour in 1997 with Steve Harvey, D.L. Hughley and Cedric the Entertainer. Tapping into an underserved market of middle-class blacks.

In 2001, *The Bernie Mac Show* debuted on Fox, drawing from Mac's personal life. He played a married stand-up comic reluctantly thrust into parenthood when he takes custody of his sister's three children after she enters rehab.

"Losing him is like losing 12 people because he absolutely filled up any room he was in. I'm gonna miss the Mac Man," said comic actor Chris Rock in a story at *E! Online*.

REUTERS

Ensure your rec room ain't a wreck

InteriorDivine



Ah! The humble Canadian basement! A potentially useful and very comfy space... or an over-stuffed nightmare that does little more than scream past tense. Our first word of advice is — **PURGE!** So many family rooms are crammed with a ramshackle selection of furniture (most of which never even gets used) so either give it away or send it to the dumpster. Your space

is simply too valuable to waste!

Problem Solving

Paint ceilings a lighter tone than walls to effectively raise perceived head height. It's also important to keep ceiling lines simple by removing Crown moulding and cornice. De-fuss further by taking away picture and dado rails to stop your walls looking chopped up and therefore shallower. Opt for narrower skirting boards and paint the same colour as walls to help them blend in.

Lighting

Avoid overhead pendant lamps. A well-planned project will still look wonderful with shallow ceiling mounted tracks, side lighting, pot lights or wall washers.

Flooring

We avoid wooden floors in basements unless we're absolutely certain there's no possibility of dampness. Carpet is potentially serviceable; however, while it's tempting to select all wool, we recommend choosing a product with a higher man-made content as it's more resilient to moisture and mould. That said, our preferred lower level flooring option is tile. Whether slate, ceramic or stone, it provides a durable finish that is less likely to succumb to damp problems than other options.

Furniture

Keep furnishings low slung to distract from vertically challenged rooms. Opt for long lean sofas with a comfy squashy feel and seek out designs that have shorter legs to pull

the eye down further. Keeping basement level floor space as free as possible will allow for good circulation so consider drawing a sectional modular L shaped sofa against one wall, positioning occasional tables at either end and adding side mood lighting to create ambience. Or go funky retro! In a recent Vancouver rec' room conversion we added BEAN BAGS and the results were fabulous. What's more, our owners were so impressed that they're currently installing more bags upstairs. Yup, it's all about context and being prepared to forgo apprehensions and try new (or is that old!?) ideas.

Colour

Limit bold colour to easily changeable acces-

sories and ornamentation. Applying stronger tones won't only darken space, it will also limit design flexibility further down the line.

Two For One

Think, too, about multi-purpose furniture (tables that act as storage chests, for example, or cubes that moonlight as seating) to squeeze optimum flexibility from your family room. At the end of the day your space should be as multi-functional as possible. So remember, for example, to incorporate surfaces where your children can do homework under close supervision while you catch up with your favourite DVD.

Colin & Justin's The Home Show airs Tuesdays at 11 p.m. and Saturdays at 4 p.m. ET on HGTV. hgtv.ca

Branching out

Michael Kors, right, is flexing his acting muscles. The fashion designer will appear in an episode of Gossip Girl when the show returns with its second season, beginning Sept. 1.

PEOPLE.COM



Lure of The Hills too much for many

THE TV CRITIC VERSION OF STOCKHOLM SYNDROME: Given a choice of watching my own death, in slow motion, set to a soundtrack of emo bands or an episode of The Hills, I'd choose the former without a moment's hesitation.

Still, the mere existence of MTV's hot hit "reality" show fascinates me to no end — but not enough to actually contemplate watching the thing.

My suspicion is that, for TV critics and other people somehow concerned with the viability of the medium, knowing that The Hills is out there is like searching out the highest hilltop to watch the planet-killing asteroid arc across the sky on its way to ending all life on Earth; you know it's out there, and that nothing will ever be the same again, but there's nothing you can do to stop it, so you'd might as well enjoy the brilliant, fiery, jagged scar as it's cutting through the atmosphere.

Time magazine's James Poniewozik has it bad for The Hills, as he confessed in

IntelleVision



rick.mcginis@metronews.ca

a paean to the show published last week.

"Yes, The Hills is fake," he admits right off the top. "Fake in the sense that producers and participants acknowledge reshooting scenes and doing multiple takes. Fake in the sense that MTV's beautiful 'stars' are famous for little more than being on The Hills."

"And fake in that it's proof that a beautiful shot and a well-chosen sound track can imitate emotion in even the most banal scene."

On second thought, Poniewozik prefers the word "artifice" to "fake," and his enthusiasm for the show is hardly deterred by words like "shallow" either.

"It all sounds shallow, and, O.K., it is," he practical-

ly swoons. "The surfaces are precisely what make The Hills entrancing: it is possibly the best-looking series on television. It doesn't just look better than life. It looks better than TV. Where most reality shows use garish close-ups to show hot emotions, The Hills uses middle- and long-range shots in wide-screen, giving it a cooler feel and framing

The mere existence of MTV's hot hit "reality" show fascinates me to no end — but not enough to actually contemplate watching the thing.

the subjects like art photography. It's full of liquid L.A. sun, in love with the way light plays on surfaces — car bodies, plate glass, glossed lips."

Poniewozik has obviously penetrated much closer to the heart of The Hills' appeal — an appeal that's obviously there, though I've



James Poniewozik waxes poetic about The Hills in Time magazine. "It doesn't just look better than life. It looks better than TV," he writes.

been utterly unable to divine its precise nature, or access any part of myself, past or present, that might have responded to The Hill's very circumscribed but exhaustively chronicled slice of life. "It's life, if you were young, lucky and

beautiful and had your own cinematographer and sound-track curator," Poniewozik insists.

"If this is fake, maybe reality is overrated."

More to the point, it's hard to imagine that other networks aren't eager to

learn the lesson being taught by The Hills' success, which is that if this is reality TV, then maybe fake TV is overrated.

Rick McGinnis writes about music, movies, books and television, but not opera.

Seacrest joins Clark on Eve

TELEVISION Ryan Seacrest has been named permanent co-host of ABC's Dick Clark's New Year's Rockin' Eve, three years after the ubiquitous broadcaster stepped into the breach when Clark suffered a stroke. The annual fixture has been renamed Dick Clark's New Year's Rockin' Eve with Ryan Seacrest. Clark, 78, will continue as co-host. Seacrest also hosts American Idol and a morning radio show in Los Angeles.

Iron Man out on DVD Sept. 30

MOVIES The superhero smash Iron Man will be released Sept. 30 on DVD and Blu-ray Disc, distributor Paramount Pictures said Friday. With North American sales of \$316 million, the Robert Downey Jr. movie is the second-biggest movie of the year, behind The Dark Knight. Paramount is releasing Iron Man as a two-disc "Ultimate Edition" on DVD and Blu-ray. Each includes a making-of documentary and a feature on the origins of the Marvel superhero. Other extras include a documentary on the film's visual effects and Robert Downey Jr.'s original screen test.

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
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	3	KHQ	- 370	News	Raymond	Jeopardy!	Wheel-Fortune	XXIX Summer Olympics (HDTV)				
	4	CBXT	- 307	(4) XXIX Summer Olympics (HDTV) (Live)						XXIX Summer Olympics (HDTV) (Live)		
	6	KREM	- 372	News (N)	Hollywood	Friends	Scrubs	Big Bang Th	How I Met	Two/Half Men	Old Christine	CSI: Miami
	7	CKEM	241 347	Friends	Friends	The Mole (N)		Harlem Globetrotters		Model Search		Your City
	8	CTV	240 339	ET Canada	Entertainment	Risk Takers "Blasters"		Prison Break "Dirt Nap"		House		News Hour
	12	CBXFT	119 705	Chine	La Zone olympique (N) (SC)			Le Téléjournal	Les XXIXe Jeux Olympiques d'été			
	13	KXLY	- 371	4 News at 6	Entertainment	The Insider (N)		High School Musical: Picture	Samantha Who	Samantha Who	The Mole	
	16	KAYU	- 373	70s Show	The Simpsons	Two/Half Men	Two/Half Men	Prison Break "Dirt Nap"	Sarah Connor Chronicles			News (N)
	19	CHTV	- 370	70s Show	El News	X-Weighted "Sarah"		My Boys	How I Met	12 Sexiest Wet n' Wild Jobs		News (N)
	22	KSPS	- 374	NewsHour With Jim Lehrer	Jack Benny	Wait for God		Antiques Roadshow	History Detectives (N)			Muhammad Ali
	24	WTVS	- 364	History Detectives (N)		Muhammad Ali: Made in Miami		Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N)	
	15	CBGN	502	- CBC News: The National		CBC News: The National		CBC News: The National		CBC News: The National		Toughing It
	21	TWN	505 398	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	27	CNN	500 500	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	54	CTVN	501 391	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	70	BNN	504 508	Taking Stock		Market Call		Business News		Market Call	Money Talks	Taking Stock
	20	TSN	400 400	(5) XXIX Summer Olympics (HDTV) (Live)				SportsCentre		Cagefighting Highlights		Poker Night
	23	net	408 418	MLB Baseball		Sportsnet Connected		Triathlon Subaru Vancouver.		Sportsnet Connected		Best-Sports
	47	SPEED	417 406	101 Cars-Drive	Car Crazy (N)	Barrett-Jackson		Pinks (HDTV)	Pass Time	This Week in NASCAR		101 Cars-Drive
	94	SCORE	410 403	(7:15) WWE Monday Night Raw				(9:15) Stump the Schwab		WWE Monday Night Raw		
	9	EDACC	557 351	Law & Order: Criminal Intent		Green House	CareersTV	Smallville "Veritas"		Wanna Bet?		Help TV
	14	YTV	552 543	Drake & Josh	iCarly	The Next Star		Rugrats	Rocko's Life	Prank Patrol	Mystery Hnt.	Falcon Beach
	17	TREE	553 546	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	42	TOON	555 545	Teen	Johnny Test	George-Jungle	Tom & Jerry	Tom and Jerry	Teen	Total Drama	Futurama	Akira (1988)
	45	FAM	557 541	Zoe 101	Life Derek	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	-	TVA	121 714	TVA 18 heures	Sucre-salé	Qui perd gagne (SC)		Laura Cadieux	Histoires-filles	Monk (HDTV) (SC)		TVA 22 heures
	18	CMT	575 583	Reba	Hope & Faith	Home Improve.	Roseanne	Karaoke Star "Edmonton, AB"	Reba	Hope & Faith		Home Improve.
	25	A&E	615 520	Intervention "Allison" (N)		Paranormal	Paranormal	The Cleaner (HDTV)		Intervention "Marie"		Intervention
	26	MMM	571 581	Rockschool	Rockschool	Rockschool	Rockschool	Popaganda		I Know My Kid's a Star		Listed
	29	FOOD	603 561	Good Eats	Perfection	Kitchen Nightmares		Restaurant Makeover		Iron Chef America		Good Eats
	31	SHOW	617 522	Trailer Park	Billable Hours	ReGenesis "Phantoms"		Cold Squad		Trailer Park	Billable Hours	Jekyll (N)
	32	DISC	520 505	Really Big Things		Dirty Dogs		Daily Planet		Really Big Things		Dirty Dogs
	33	SLICE	601 562	Wedding SOS	Party Mamas	The Millionaire Matchmaker		End of Leash	Spoiled Rotten	Wedding SOS	Party Mamas	Matchmaker
	34	W	602 567	Shopping Bags	House	How Clean	How Clean	How Clean	House	Confidential	Divine Design	How Clean
	35	TLC	521 560	Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Take Home Nanny (HDTV)		Jon & Kate	Jon & Kate	Jon & Kate
	36	BRAVO	620 523	(6) Putting It Together		Bone		Law & Order (Part 2 of 3)		Without a Trace		Entourage
	38	SPIKE	628 584	Rudy *** (1993, Drama) Sean Astin, Ned Beatty, Charles S. Dutton.				Madden '09		CSI: Crime Scene Investgn.		Trek: Voyager
	40	HIST	522 506	Gangs of New York *** (2002, Historical Drama) Leonardo DiCaprio, Daniel Day-Lewis. Premiere.						Cape Fear *** (1991)		
	41	COM	626 547	Laughs	Rick Mercer	Air Force	22 Minutes	Laughs	Comer Gas	The Simpsons	South Park	MADtv
	43	SPACE	627 528	Taken "God's Equation" (Part 7 of 10)	(DVS)			Stargate SG-1		Star Trek: Voyager		Star Trek: Ent.
	44	WPCH	294 600	(6) The Sixth Man		Fraser	Fraser	Seinfeld	Cheers	The Sixth Man *** (1997, Comedy)		
	46	OLN	411 457	(6) The Amazing Race 7		Departures		Pilot Guides		Don't Forget Your Passport		Amazing Race
	48	TROP	619 525	Are You Smarter		Deal or No Deal Canada		Ed Canada	What Happen?	X-Weighted "Amy"		Smarter
	50	STAR	621 527	Scott Baio	Old Skool	The Ellen DeGeneres Show		Madonna	TMZ	Scott Baio	Old Skool	Hollywood
	52	HGTV	600 564	Property Virgin	House Hunters	Location, Location, Location		Holmes on Homes		Design U	Home to Stay	Property Virgin
	65	TLN	700 800	Il Segreto di Grande Course		The Sopranos (SS)		Raymond	Raymond	Raymond	Paid Program	Paid Program
	92	APTN	269 530	First Talk	News	Mupu	Desti/Nations	Notre Peuple "Qimustii"		Feeling Minnesota (1996, Comedy-Drama)		
	93	VISIT	261 394	McLeod's Daughters (N)		Divine Restor.	Recreat. Eden	China's Leap of Faith		McLeod's Daughters		Prime Minister
	100	MTV	581 566	Engaged & Underage Live		Living on Edge	Super Sweet	MTV Live	Second Half	Buzzin	Buzzin	Living on Edge
	101	MM	570 580	The American Mail (2008, Musical Comedy) Nina Dobrev.				The American Mail (2008, Musical Comedy) Nina Dobrev.				Video on Trial
	102	CPAC	512 396	Political Reflections								Canadian Tour
	103	CLT	526 507	Decoding the Past		Traders		The West Wing		Peking to Paris		Decoding-Past
	105	TVS	145 761	(6) Venise secrète		Passez au vert	Ville	Journal TV5		Le Plus grand cabaret du monde		
	106	RDI	126 730	Le Téléjournal	Chine	RDI en direct	Le National	Le Téléjournal	RDI en direct	Le Journal RDI	Le National	Le Téléjournal

critics'corner

The Mole

So who is the Mole? We'll find out tonight, along with learning which remaining contestant takes home the big money for being the most successful at figuring out who's been sabotaging the group's missions. Did you guess the Mole's identity ahead of time? See if your suspicions were right or wrong; if you called it early, maybe you should apply to be on the show next season. Jon Kelley hosts the season finale. 8 PM on CKEM



XXIX Summer Olympics

A developing story line to watch all this week is the progress of 2004 gold-medal gymnast Kyle Shewfelt, who competes today in the men's team final. The 26-year-old Calgary native is coming back from two broken legs and ligament damage he suffered while training for the world championships last summer, and he's considered a long shot at these games. But just the fact that he's made it to Beijing is a victory in itself. 4 PM on CBXT

Rumours that actress Angie Harmon is pregnant with baby No. 3 are not true, her husband, former NFL star Jason Sehorn, has said. USMAGAZINE.COM

Celebrity Buzz

Kate will talk about ex-husband

RELATIONSHIPS

Even though Kate Hudson has indicated she likes to keep her private life private, she admitted she finds it tough to stay tightlipped, msnbc.com reports.

"It's so hard for me — because I'm so open — to hold back," the actress told *W* magazine. "I could really just go on forever about this stuff."

Hudson never publicly acknowledged her recent romance and subsequent breakup with

France champ Lance Armstrong. In fact, there's only one former flame she's willing to open up about, and that's her ex-husband, Black Crowes front man Chris Robinson.

"We can talk about Chris till the dogs come home," Hudson said. "I married Chris, I had a baby with Chris, Chris will be in my life for the rest of my life. But everything else — I've learned that things are better left private until you're actually planning the wedding."

METRO NEWS SERVICE

GETTY IMAGES PHOTOS

Anne pans nips, tucks

PEOPLE Anne Hathaway has taken aim at actors who alter their faces with plastic surgery, insisting film stars need flaws to express emotion, femalefirst.co.uk reports.

The actress once felt so insecure about her looks, she reportedly considered having a nose job.

But the 25-year-old, now the face of beauty giant Lancôme, is happy with her imperfections because they lend her face

character.

"I wanted a nose job, but now, my nose is what lets me change my face a lot and I can be glamorous as Agent 99 (in *Get Smart*), then look rough as a drug addict for (director) Jonathan Demme (in the forthcoming movie *Rachel Getting Married*)," Hathaway said.

"Your face needs to have character if you're an actor, otherwise you're just a face," she added.

METRO NEWS SERVICES

celebrity brief

Jewel says 'I do' to rodeo champ

RELATIONSHIPS Singer-songwriter Jewel and her boyfriend, rodeo champion Ty Murray, eloped to the Bahamas and exchanged vows in a private ceremony Thursday night, People.com reports her rep as having said.

The pair, who never announced an engagement, have been together for 10 years and share a ranch in Stephenville, Tex.

METRO NEWS SERVICES

Paris plans Vegas club

PEOPLE Paris Hilton wants a Las Vegas hotspot to call her own, intouchweekly.com reports.

"I'm in talks right now," the hotel heiress said. "I think I found a really good space."

Hilton should have no trouble getting people to line up.

"The Vegas crowds love her," says a Las Vegas nightlife insider. "It's a mob scene every time she arrives."

And while Hilton is coy about the details, she already has a name.

"But I can't tell anyone," she says. "It's not trademarked yet!"

METRO NEWS SERVICES

Penelope lauds private life

PEOPLE Actress Penelope Cruz's personal life is "the best" it has ever been, femalefirst.co.uk reports.

Cruz is dating actor Javier Bardem and is delighted with the way her one-year relationship is going.

"I have to tell you, my private life is at its best," she said.

However, when pressed on the subject, Cruz refused

to elaborate. "If you want to know more about him, then please ask him," she said. "I am not going to say any more. I never discuss my personal life. I love being in the spotlight for what I do, which is to act, but I find being in the spotlight for my personal life really uncomfortable."

METRO NEWS SERVICES

celebrity brief

Julia may be planning fourth child

RELATIONSHIPS Actress Julia Roberts and her husband Danny Moder are planning a fourth child, femalefirst.co.uk reports friends as saying.

A year after giving birth to the couple's third child, Henry — brother to three-year-old

twins Phinnaeus and Hazel — Roberts is keen to expand the family further, with a second daughter.

Roberts and Moder are said to hope to conceive by the end of the summer.

METRO NEWS SERVICES

Victoria to help launch Eva's new restaurant

PEOPLE Victoria Beckham has been approached to launch a restaurant in Las Vegas with *Desperate Housewives* star Eva Longoria Parker, the *Daily Mail* reports.

"Eva owns a restaurant called Beso in Hollywood and is set to launch another in Vegas," says a source. "She asked Victoria to come on board and help. Victoria was thrilled and

talked it through with her husband, David, but he thought she was spreading herself a bit thin."

Victoria will still reportedly get involved in the venture — she'll reportedly oversee the guest list for the launch night.

METRO NEWS SERVICES

"This makes no sense at all..."

by Joe O'Neill

Clay Aiken is a father, and claims on his website that the baby was delivered at 8:08 a.m. on 08/08/08.

That's not the least bit creepy, Clay. No word on whether this was the first use of the "Figure 8" section delivery, or how close they came to naming the baby "Beijing Olympics Aiken."

I have to hand it to Ty Murray, who just married Jewel. Not only does he seem like a regular guy, he's a regular guy who's apparently been able to withstand 10 straight years of Jewel singing round-the-house a capella versions of her 1996 hit *Who Will Say-yay-yave Your Soul* without suffering a complete mental collapse, or doing what I would have done, and asking her whether or not that's a rhetorical question.

Anne Hathaway's sentiments about avoiding plastic surgery are admirable, but they show that our Anne hasn't been following the awards shows lately. In 2003, the Oscars handed the statuette to the fake-nose sporting Nicole Kidman for playing Virginia Woolf in *The Hours*. The following year, both Renée Zellweger and Charlize Theron took home statuettes for using dirt, makeup and prosthetics to appear surprisingly unattractive in movie roles.

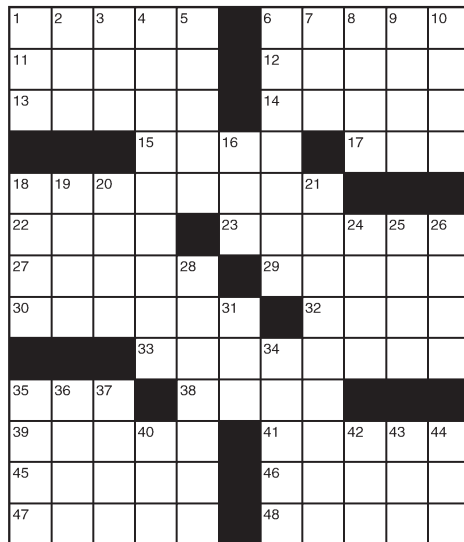
The lesson is obvious. Do whatever it takes to make yourself as pretty as possible in real life, then take a part as an ugly duckling novelist, serial killer, or scrappy farmhand, and it's Oscar time, baby!

You have to admit, Paris Hilton is breaking new ground. She's usually in the news for opening something quite different than a nightclub. As for the name, I'm afraid she's going to be very disappointed, because even though I failed out of law school, I'm fairly certain that the makers of Valtrex won't let her have that name for her club.

NEWSDESK@METRONWS.CA

Blackwell wakes from coma

Hollywood fashion critic Mr. Blackwell has regained consciousness after collapsing at his Los Angeles home last week, femalefirst.co.uk reports. Publicist Harlan Boll has reportedly confirmed the 86-year-old is now conscious after waking from a coma on Thursday. **METRO NEWS SERVICES**

Take Five**Crossword down**

- 1 Sum
- 2 Old card game
- 3 Hostelry
- 4 Some computer programs
- 5 Sum
- 6 In the customary way
- 7 Touch lightly
- 8 Parched
- 9 Indy event
- 10 Turn to slush
- 16 Director Burton
- 18 Long account
- 19 Infamous czar
- 20 Intrepid

- 21 Post office delivery
- 24 Casserole staple
- 25 Pressing need
- 26 Rational
- 28 Some bigots
- 31 Humor
- 34 Score speed
- 35 Hymn ender
- 36 Car with a meter
- 37 Business bigwig
- 40 Tick off
- 42 Down in the dumps
- 43 United
- 44 Also not

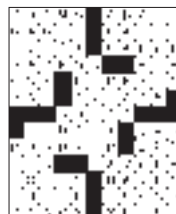
Play more games online at: metronews.ca

Crossword across

- 1 Celeb roster
- 6 Segregated
- 11 "Tiny Bubbles" singer
- 12 Isaac's mother
- 13 Robert of "The 39 Steps"
- 14 City on the Mohawk
- 15 Scoundrels
- 17 Lawn moisture

- 18 Finnish composer
- 22 Swear
- 23 Praying insect
- 27 Charity events
- 29 George W.'s wife
- 30 Painter Wyeth
- 32 A party to
- 33 It leads to the off-ramp
- 35 Had lunch

- 38 Article
- 39 Long skirts
- 41 Wall worker
- 45 Bring to bear
- 46 Cabaret fixture
- 47 Shaving mishaps
- 48 More mature

previous day's answer

Friday's Answer
 11 Super Tack Tack
 22 Steve Eddleberry
 31 Long Cragg
 41 Anne Boleyn

This day in history

AUG. 11, 1804: Francis II assumed title of first Emperor of Austria
 AUG. 11, 1918: World War I — Battle of Amiens ends
 AUG. 11, 1929: Babe Ruth becomes the first baseball player to hit 500 home runs in his career with a home run at League Park in Cleveland, Ohio.
 AUG. 11, 1934: Federal prison opened at Alcatraz Island.
 AUG. 11, 1952: Hussein proclaimed king of Jordan.
 AUG. 11, 1972: Vietnam War: The last United States ground combat unit depart South Vietnam.
 AUG. 11, 1999: The exceptional Salt Lake City Tornado tears through the downtown district of the city, killing one.

HOW TO PLAY SUDOKU:

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

9	4	6	3	1	5	2	7	8
7	8	5	6	4	2	1	3	9
1	3	2	7	8	9	5	6	4
2	6	3	1	7	8	9	4	5
5	7	8	9	6	4	3	2	1
4	9	1	5	2	3	6	8	7
6	1	4	2	5	7	8	9	3
3	5	7	8	9	6	4	1	2
8	2	9	4	3	1	7	5	6

SUDOKU SOLVE TIME IN MINUTES:

Under 13: Genius
 13-17: Scholar

Horoscopes**AVATAR VENUS****ARIES**

MARCH 21-APRIL 20

Wait until tomorrow to make a significant decision. A meeting will please you and your friend. Don't dawdle on the way home.

TAURUS

APRIL 21-MAY 21

There'll be a delay in getting results. Come up with a better plan while in transit. Regret is brought about by a friend's social blunder.

GEMINI

MAY 22-JUNE 21

Don't be too embarrassed when you're conspicuous. Stay focused on what needs to be done. Negotiate over a serious concern.

CANCER

JUNE 22-JULY 22

This could be a roller-coaster type of a day. Your convictions can determine events. Intervention will be necessary in legal matters.

LEO

JULY 23-AUG 23

A stubborn person decides that it's time to quibble. Your personal resources will increase. You may be accused of being prim.

VIRGO

AUG 24-SEPT 22

A couple will decide to tie the knot. Your suggestion is being considered by the boss. A trusted person has a trick up his sleeve.

LIBRA

SEPT 23-OCT 23

You'll learn to tune into a loved one. Today's debate will intrude on your quiet time. Avoid obsessing over trivial mistakes.

SCORPIO

OCT 24-NOV 22

Nostalgia for a lost love leads to deep thoughts. A woman is gone with the wind. Don't challenge a cynical person.

SAGITTARIUS

NOV 23-DEC 21

A phone call brings very strange news. Be fearless in approaching the unknown. A unique romantic chance will arise.

CAPRICORN

DEC 22-JAN 20

You can find the obvious solution to a problem. Watch when others behave differently. Do something good for a proud person.

AQUARIUS

JAN 21-FEB 18

Remember to rest up after a hard job. Your body knows best. You'll fling your disbelief out the window before noon.

PISCES

FEB 19-MAR 20

A wiggling idealist fails to win attention. A tolerant woman can see through other people. Comments are made about never finding love.

Sudoku

7	4		9		1		8
		6					3
8				3		9	
	2	9	1				
3			8				9
		6		7	5		
	3		2				7
2					3		
1	7		6		5	4	

IT'S ALL ABOUT THE BUZZ.

Read Metro's Celebrity Buzz daily to get the scoop on Hollywood's latest gossip.

metronews.ca

metro
Do it daily.

Edmonton weather**Afternoon**

Sunny.
20°

Tonight

Clear.
Low 12°

Tuesday

Partly cloudy.
24° / 11°

Wednesday

Sunny.
24° / 11°

Thursday

Sunny.
27° / 12°



Temperature Normals
 High: 22.9°
 Low: 10.2°

Records
 High: 32.8°/1939
 Low: 1.7°/1916

Sunrise: 6:07 a.m.
 Sunset: 9:09 p.m.
 Moonset: 12:10 a.m.
 Moonrise: 6:47 p.m.

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